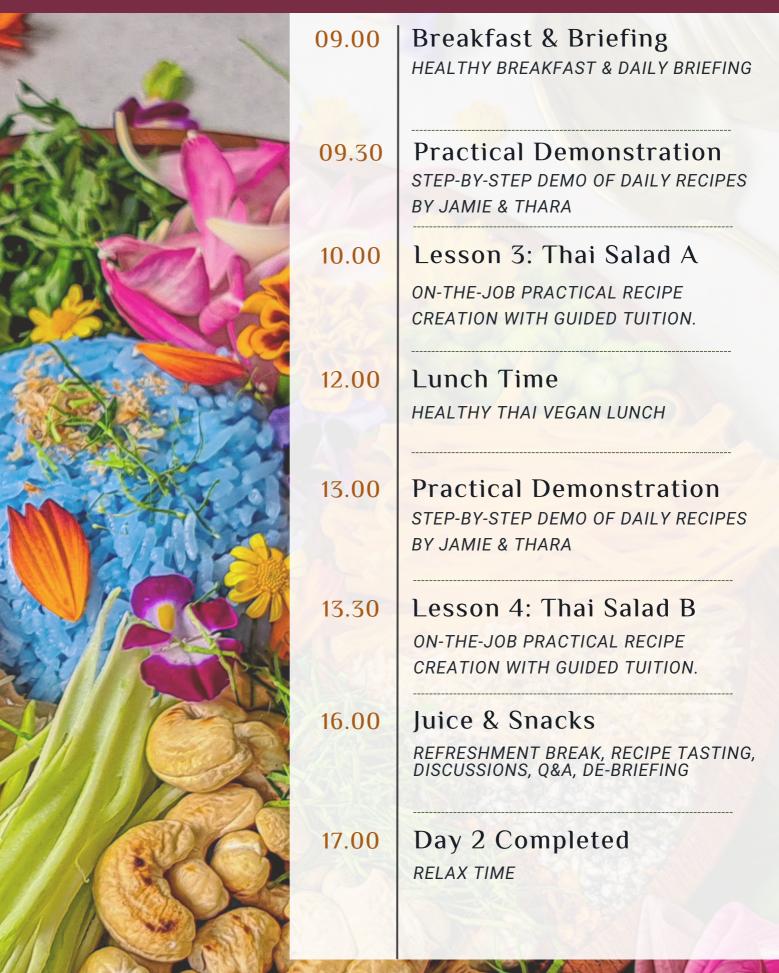
# MONDAY: THAI VEGAN COOKING COURSE

MONDAI. IIIAI	V L O F	III COOKING COOKSE
	09.00	Breakfast & Briefing  WELCOME TALK AND HEALTHY  BREAKFAST
	09.30	Practical Demonstration  STEP-BY-STEP DEMO OF DAILY RECIPES BY JAMIE & THARA
	10.00	Lesson 1: Thai Appetizers A ON-THE-JOB PRACTICAL RECIPE CREATION WITH GUIDED TUITION.
	12.00	Lunch Time  HEALTHY THAI VEGAN LUNCH
	13.00	Practical Demonstration STEP-BY-STEP DEMO OF DAILY RECIPES BY JAMIE & THARA
	13.30	Lesson 2: Thai Appetizers B ON-THE-JOB PRACTICAL RECIPE CREATION WITH GUIDED TUITION.
	16.00	Juice & Snacks  REFRESHMENT BREAK, RECIPE TASTING, DISCUSSIONS, Q&A, DE-BRIEFING
	17.00	Day 1 Completed  RELAX TIME

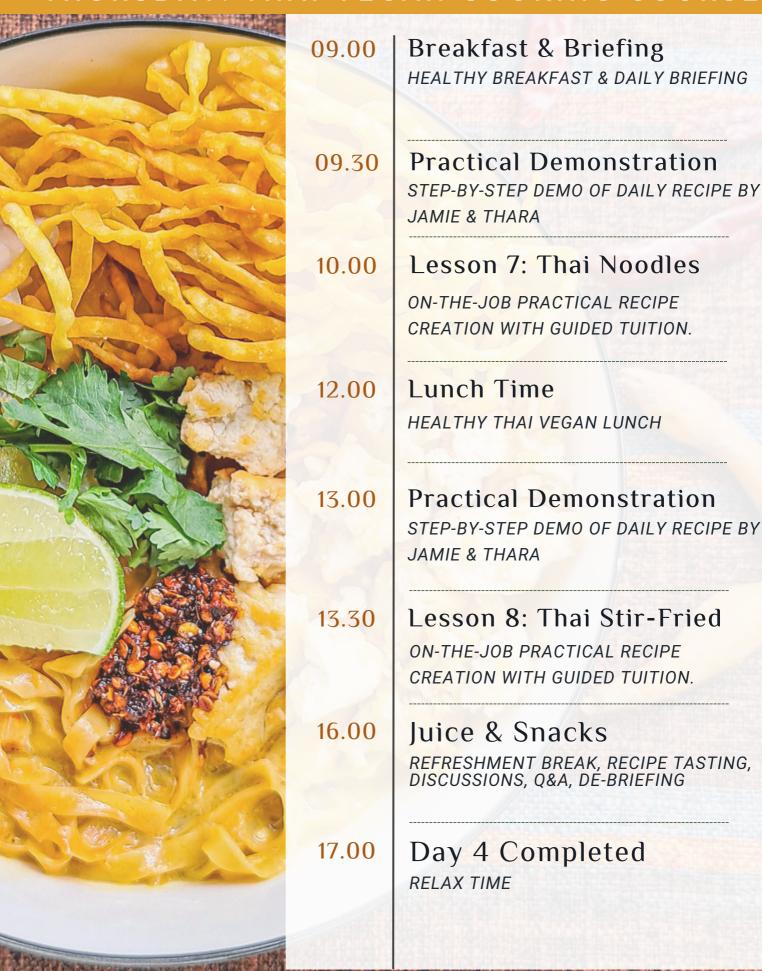
### TUESDAY: THAI VEGAN COOKING COURSE



### WEDNESDAY: THAI VEGAN COOKING COURSE



#### THURSDAY: THAI VEGAN COOKING COURSE



#### FRIDAY: THAI VEGAN COOKING COURSE



## SATURDAY: THAI VEGAN COOKING COURSE

